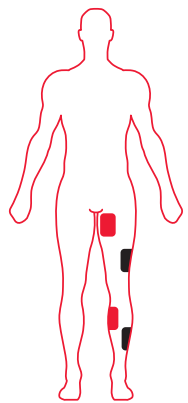


/ TREATMENT GUIDELINES

Only use Bodyflow as recommended by your supplier or practitioner. The following points provide a basic guide; for full instructions refer to the Bodyflow Treatment Manual.

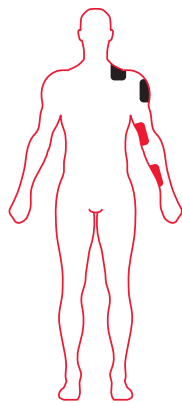
- The ideal treatment regimen is a minimum of 4 x 20 minute treatments per day.
- A higher number of treatments typically achieves better results.
- Regular review with your physio / clinician is recommended.
- Rates of improvement may vary between patients and conditions.



ONE LEG / KNEE



SINGLE HIP



ARM / SHOULDER

Electrode placements may vary depending on the nature of your surgery/injury. Consult your practitioner for instructions.

/ ABOUT BODYFLOW®

The Bodyflow portable device is included in the Australian Register of Therapeutic Goods (ARTG) with the TGA, CE Marked and FDA cleared.



Find out more:

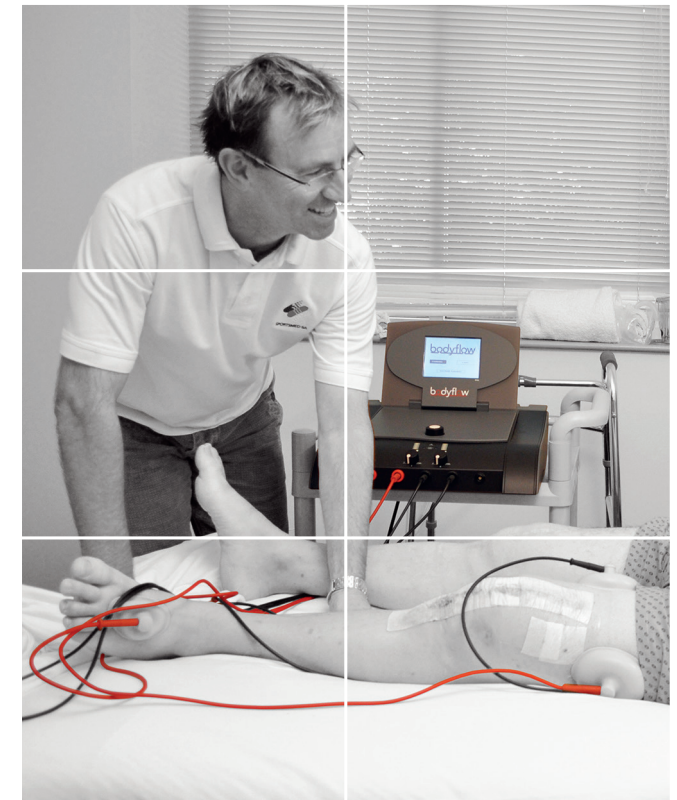
website: www.bodyflowinternational.com

email: info@bodyflowinternational.com

twitter: [@bodyflowint](https://twitter.com/bodyflowint)

bodyflow®

PATIENT INFORMATION



Bodyflow® Therapy : Used and recommended by surgeons, physiotherapists, podiatrists and professional sports organisations around the world to aid patient & athlete tissue recovery.

/ INTRODUCTION

- Bodyflow electrotherapy devices deliver a specific frequency which cannot be altered. The aim of treatment is to aid recovery by reducing swelling and increasing blood flow.
- Each 20 minute treatment involves attaching a number of electrodes to the appropriate part of the body, followed by delivery of a mild, electrical stimulus.
- During treatment a 'pulsing' sensation is experienced and a slight 'twitching' of the area beneath the electrodes may be seen.



/ APPLICATIONS

Bodyflow is now being used and recommended by an increasing number of practitioners and surgeons around the world to assist patients' recovery from the following conditions:

- Post-orthopaedic surgery recovery.
- Acute sports injuries (bruising, sprains and strains).
- Sports recovery.
- Lymphoedema (chronic swelling).
- Wound healing.

Patient Testimonial

"I used Bodyflow alongside physiotherapy to deal with considerable swelling in my lower leg following a hip replacement. Bodyflow played a significant part in speeding up my recovery and enabling me to return to ballet faster than I had anticipated. I cannot recommend it too highly as the reduced swelling in my legs allowed me greater mobility and improved my ability to exercise."

Practitioner Testimonial

"I have used Bodyflow consistently within my practice for the past two years. It has been extremely useful in the postoperative management of knee replacement surgery, expediting the removal of swelling and, thus, improving pain and range of motion. It has also been useful to reduce acute swelling following injury (and arthroscopy) to restore pain free function. It has become an accepted standard protocol with some of the Olympic athletes that I treat, for the treatment of acute soft tissue injuries, and we are using it more to help enhance recovery following training and competition"

/ SHOULD I USE BODYFLOW?

You should only use the Bodyflow device as recommended by your supplier, surgeon or practitioner to aid in your recovery. Hire and use of the device is intended as an adjunct to your existing rehabilitation or treatment program. Prior to using the device you should be screened by a qualified practitioner to rule out contraindications to treatment which include but are not limited to:

- Internal cardiac device e.g. pace maker or internal defibrillator.
- Pregnancy.
- Active malignant disease.
- Diagnosed or suspected DVT.
- Active internal bleeding.
- Highly inflammatory, fever-prone disorder.

